

Nature
Plymouth

Love Your Parks Festival

A celebration of activities you can
do for free outdoors!

11am to 4pm
Saturday 3 September

**Everyone welcome,
drop in anytime**

**Central Park Events Field,
in front of the Life Centre**

What's on all day?

Play pop up sports
Outdoor Zumba
Nordic walking
Sky ride

Nature games
Crafts and Trails
Storytelling and poetry
Allotment produce tasters
Facepainting

**Stalls and information about local
sports and nature**

Free healthy food packs for kids

**Meet the National Trust,
Devon Wildlife Trust,
Dartmoor National Park,
Duchy College, Beach Rangers,
Wembury Marine Centre
and more....**

Wild Moves: Race around the Park!

12 noon
1 mile walk or run

1pm
3 mile cycle Skyride

**Come dressed as a wild creature
and get a free Nature Plymouth
cloth shopping bag***

*Limited numbers available

**More information and registration at
www.plymouth.gov.uk/natureplymouth**

